



# প্রান্তরেখা নাট্যপ্রত্ন Centre for Performing Arts

## About

The Centre for Performing Arts at Swami Vivekananda University is committed to nurturing creativity, expression, and professional excellence in theatre, music, and movement arts. The department provides students with hands-on training, collaborative opportunities, and a platform to explore their artistic identity through performance, technique, and reflective practice.



## Monthly Highlights-December

- Mime Workshop by Dheeraj Halder
- Theatre Class and Theatre Presentation by Manish Mitra
- Theatre Class by Subodh Pattanaik
- Centre for Performing Arts | 17th December
- Two Worlds, One Stage
- Student Showcase

- 1.Two Worlds, One Stage-Macbeth and Shri Krishna Kartan on 13 th December
- 2.A Day of Creativity, Collaboration & Performance – 26th December



# EVENTS CONDUCTED (DECEMBER 2025)

## Mime Workshop | 11th December

**speaker- Dheeraj Halder**

A hands-on mime workshop focusing on body expression, gesture-based storytelling, and silent performance techniques. Students learned how to communicate narratives purely through movement. A dynamic and engaging hands-on mime workshop was conducted by Mr. Dheeraj Halder, where students were introduced to the expressive world of silent performance.



The session focused on enhancing body expression, gesture-based storytelling, and the art of conveying emotions without spoken words. Throughout the workshop, students explored how simple movements, facial expressions, and controlled body language can create powerful narratives. They practiced techniques such as creating imaginary objects, using space effectively, and portraying emotions through subtle gestures. The workshop encouraged participants to step out of their comfort zone, experiment with creative movement, and understand how silence itself becomes a powerful communication tool. Students not only learned foundational mime skills but also discovered confidence, creativity, and a deeper connection with their own expressive abilities.

# EVENTS CONDUCTED (DECEMBER 2025)

## Theatre Class and Theatre Presentation by Manish Mitra\*

### Centre for Performing Arts | 16th December

On 16th December, the Centre for Performing Arts hosted a full-day theatre engagement led by the eminent theatre practitioner Manish Mitra.

During the theatre class, Manish Mitra shared his theatrical philosophy, highlighting Sahajiya Theatre as a lived and embodied experience. He described theatre as a celebration of human emotions—joy, sorrow, grief, and victory—and explained that Sahajiya Theatre is a process of becoming simple through discipline, awareness, and continuous practice.



In the second half of the day, Manish Mitra's team presented a powerful theatre production produced by Kosba Arghya. The performance, "Antigone – The Celebration of the Protest in the Actor's Body," stood as a compelling exploration of resistance, human consciousness, and embodied protest. In this production, the actor's body emerged as the primary language of expression, where movement, physical presence, and inner resistance conveyed the essence of protest and humanity. The presentation deeply moved the audience and left a lasting impression through its intensity, emotional depth, and conceptual strength. Presented here are glimpses from both the theatre class and the theatre presentation, capturing a day of learning, reflection, and meaningful artistic exchange at the Centre for Performing Arts.

# EVENTS CONDUCTED (DECEMBER 2025)

## Theatre Class by Subodh Pattanaik

Centre for Performing Arts | 17th December

On 17th December, the Centre for Performing Arts had the honour of hosting a theatre class conducted by the eminent theatre practitioner Subodh Pattanaik. The session offered students a deep insight into the history, evolution, and social responsibility of theatre. During the class, Pattanaik Sir spoke about the development of theatre forms, explaining the concepts of the First Theatre, Second Theatre, and Third Theatre. He discussed how theatre gradually moved from formal, elite spaces to become a powerful medium for social awareness and community engagement.

significant part of the session focused on Natya Grama, his pioneering initiative in Odisha. Sir shared how he founded Natya Grama with the vision of taking theatre beyond urban centres and into the lives of people living in remote and marginalised regions. He explained how theatre can serve as a tool for social consciousness, education, and change, especially among communities that have limited access to mainstream cultural platforms. He further described his journeys across various villages of Odisha, often travelling by bicycle, as many of these regions are inaccessible by conventional means of transport. Through this cycle-based theatre movement, he and his team reached remote villages, using performance as a way to communicate, connect, and raise awareness among people at the grassroots level.

The class was deeply inspiring for students, offering them a powerful understanding of theatre not just as an art form, but as a social commitment and a means of reaching the unreached. The session reinforced the idea that theatre can be both a creative practice and a responsibility towards society.



# STUDENT SHOWCASE

## Two Worlds, One Stage

### Macbeth and Shri Krishna Kirtan — Two Ensembles, Two Narratives, One Shared Stage:

Our senior students present a compelling glimpse into the performances scheduled for 13th December—Macbeth and Shri Krishna Kirtan. These productions stand as a testament to the students' dedication, creativity, and deep engagement with the art of performance. From the initial conceptualisation to rehearsals and final execution, both works have been entirely created and presented by the students themselves, reflecting a strong sense of ownership and artistic responsibility.

While Macbeth delves into intense psychological conflict, power, ambition, and moral struggle through the framework of Western dramatic theatre, Shri Krishna Kirtan brings alive devotion, rhythm, musicality, and traditional narrative forms rooted in Indian cultural expression. Performing these two distinct forms side by side highlights the students' ability to navigate contrasting performance styles with confidence and sensitivity.

The presentation of Macbeth and Shri Krishna Kirtan together celebrates not only technical skill but also emotional depth, discipline in practice, and a sincere commitment to learning. It is through such experiences that students grow as performers—where passion fuels expression, discipline shapes craft, and commitment transforms training into meaningful performance on stage.

## A Day of Creativity, Collaboration & Performance – 26th December

On 26th December, a vibrant student performance session was held, celebrating creativity, collaboration, and self-expression. The event featured one solo performance and one group performance, providing students with an opportunity to explore both individual and collective artistic expression.

For the group segment, students were divided into groups on the same day and challenged to create their own original stories. Each group developed a narrative, structured the performance, and presented it on stage. This spontaneous creative exercise encouraged imagination, teamwork, and quick decision-making.



The performances were evaluated by Ms. Jayashree Chatterjee, who was invited as the External Examiner. She observed the students' work and offered valuable feedback, focusing on creativity, coordination, stage presence, and overall execution. The session proved to be an enriching learning experience, fostering confidence and artistic growth among the students.

